



SCHOOL CANTEEN

Term I 2008

Price List



No deep-fried food is sold in the School Canteen

♥ (Heart Foundation √ 'The Best of food for the Heart')

	\$
♥ American-style Hotdog (with mustard)	2.00
♥ Butter chicken "Naan" bread	2.00
♥ Bagels	2.00
♥ Cheese roll	.50
♥ Calzone Hawaiian pizza	2.00
♥ Calzone Vegetarian pizza	2.00
♥ Chicken bites	1.00
♥ Fresh fruit	1.00
Garlic bread	1.00
♥ Juicies	1.00
♥ Moosies	1.00
♥ Muesli cereal with fruit topping and yoghurt	2.00
♥ Primo milk drink	1.50
♥ Sandwiches	2.00
♥ Savoury cups	.50
♥ Volcano's spaghetti	2.00
♥ Water (Pump)	1.50
♥ Wraps (cold)	1.50

Combos and Lunch packs - \$3.00 each

Monday:

Chicken salad, mixed leaf, cucumber, onions, tomatoes, feta with balsamic vinaigrette and mini bread roll.

Tuesday:

Oven baked wedges, 2 chicken bites, 1 fish finger with lemon and a Juicie.

Wednesday:

Sushi and muffin.

Thursday:

Tuna or chicken salad, mixed leaf, cucumber, red pepper, carrot, egg, tomatoes with Aïoli dressing and garlic bread.

Friday:

Chicken or potato top pie, or pizza slice with a smoothie and banana.

Vegetarian salad (available Mondays to Fridays)

Mixed leaf, cucumber, red pepper, carrots, eggs, tomatoes, celery, onions, feta, pine nuts with Aïoli dressing.

**M. Marx (Mrs)
Canteen Supervisor
January, 2008**